

# Mind, Body and Spirit We've Got you Covered

## Staying Healthy

- Medical Insurance
- Dental Insurance
- Vision Insurance
- Premier Healthy Living Wellness Plan
- Employee Assistance Program
- Online Health Assessment
- Cafeteria Discounts for healthy food choices
- Employee Health Services
- Wellness/Fitness Center at MVH and GSH
- Online nutrition courses
- Fitness Challenges
- Tobacco Cessation Resources

## Balancing Life and Work

- Adoption Reimbursement
- Financial Planning Workshops
- Bereavement Leave
- Family and Medical Leave
- Military Leave
- Personal Leave
- Paid Time Off Program (TOP), including six paid holidays
- Nursing Mother Accommodations

## Life-Long Learning

- Leadership Development
- Onsite Advance Degree Cohorts
- e-Learning Opportunities
- Mentorship Program
- Career Fairs
- Student Placement Services
- Tuition Assistance
- Tuition Discounts
- Scholarship Program
- Fellowship Program

## Financial Well Being

- Pay scales adjusted annually based on review of market pay trends
- Credit Union
- Differential Pay
- Direct Payroll Deposit
- Merit Awards
- Retirement Program (Cash Balance Plan with an employer match to your savings plan)
- Reimbursement Accounts (Healthcare Flexible Spending Accounts and Dependent Care Flexible Spending Account)
- Health Savings Account (if you elect the Premier Health Employee Plan – HSA)
- Social Security match paid to government
- Employee Discount Programs (i.e., Local Restaurants, Retail Shops, Service and Entertainment Establishments, including discounted rates for King's Island, YMCA, Cincinnati Reds Tickets, Verizon, Dell, etc.)
- Income Protection (Short-Term and Long-Term Disability Insurance, Voluntary Supplemental Insurance, Accidental Death & Dismemberment Insurance, Workers Compensation)
- Free or Subsidized Parking

## Community Spirit

- Cultural Events
- Employee Resource Groups (ERG)
- Cultural Competence Training
- Social Awareness Events
- Community Service Volunteer Opportunities
- Improving the health of the communities we serve
- Holiday Meals
- Service Awards
- Employee Recognition Awards
- Payroll deduction for a variety of purchases (cafeteria, coffee shop, onsite vendor sales, charitable donations, pharmacy)
- Premier Online Store
- Values: Respect, Integrity, Compassion & Excellence

*The benefits listed on this page reflect the benefits currently offered by Premier Health. Premier Health may change or alter these benefits at any time and will provide proper notice if required.*